

## **Activity Safety Instructions**

- Participants must wear a personal floatation device (PFD) at all times while using watercraft equipment such as kayaks, paddle boards and rubber dingy. The Pondside Pod has life vests available for use, however, guests/participants may bring their own if preferred.
- 2. Never engage in Activities while or after consuming alcohol or taking drugs.
- 3. If a Participant at any time feels that conditions of the environment have become a hazard to continue their Activities, they must discontinue such activity and secure the equipment and themselves at The Pondside Pod. This includes using the fire pit (e.g., if wind becomes greater than 12 km/hr).
- 4. Maintain proper lookout at all times to avoid collision with other watercrafts, persons, objects in the water, rocks, shore walls, etc. Watch for low water to avoid damaging the equipment; get out and pick up the kayak if you are in a low area to avoid scraping the bottom of the kayak.
- 5. For paddle boards: keep leash attached to ankle at all times; if you fall off the board, try to fall away from the board, flat on your back like a starfish. Board from the side or rear of the paddle board.
- 6. Absolutely NO BEACHING of watercrafts allowed.
- 7. Equipment weight capacity limits indicated on the Equipment Specifications sheet are not to be exceeded. Please refer to equipment weight to ensure you can <u>carry</u> it from the shed to the water; do not drag along the rocks.